

Cyclocross Quick Reference Guide

The first narrowing or obstacle after the start section may not be abrupt, it must be such as to allow all riders to pass easily.

*The angle of the first corner must be greater than 90 degrees. U-turns are not allowed.

*Course length between 2.5 and 3.5km and 90% rideable

*The course must be at least 3m wide throughout and clearly marked and protected on both sides.

Judges stand at finish located on the left, preferred. Timing opposite side.

Finish straight at least 100m long and 4m in width minimum

FINISH
4m wide min @ Finish

Start straight at least 150m long and 6m in width.

6m wide START

8 start lanes.
10m long by
75cm wide.

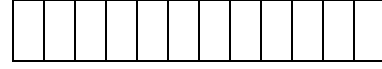
Call up zone, start and finish straight need barriers.

PIT AREA

The pit area must be straight and may not include obstacles. They must be located on a part of the course where the speed is not high, excluding gravelled sections and descents.

Total length of pit straight 70m
3m wide
3m wide Breakdown Assistance Line

Dimension of boxes:
Width 4m
Depth 2m



Pit lane starts 5m before boxes and finishes 5m after boxes.

Yellow flags at the start and finish of pit lanes.

Length of pit 60m
High Pressure Cleaning Area



The double pit area should be roughly half way where possible.

Two planks spaced 4-6m apart at no more than 40cm high. Must be on same straight.

Planks

Steps

Riders can only ride up steps. Descending not allowed.

OBSTACLES

No more than 6 artificial obstacles. The length of obstacle may not exceed 80m and 40cm high.

Non natural sandpits should be between 40-80m long and 6m wide. Straight run into and exit required.

*Planks, sandpit and steps are the only obstacles allowed.

Sandpit straight 6m wide by min length 40m max length 80m

START

Assemble riders in call up zone 10min before race.

Riders must start with one foot on the ground or be penalised by being sent back to last place in their start lane.

Starter calls 2min, 1min, 30sec and you blow the whistle as close to 0 sec as possible.

False start the person is DSQ and a new call up done.

An obstacle is classes where a rider may have to dismount their bike.